



## ADMISSION GUIDELINES

153 E 110th St., Los Angeles, California 90061

Phone: 323-475-1126

Email: [Contact@GoldenStateRecup.com](mailto:Contact@GoldenStateRecup.com)

### Admission Criteria (for any length of stay)

We look forward to housing, healing, and helping your patients. Please help us with this by reviewing this list and communicating with our staff. We can and will make special arrangements to help you and your patients.

Any patient referred to **Golden State Recuperative Care** must meet the following eligibility guidelines and criteria:

- Homeless, in the process of becoming homeless, or currently lives in a setting inappropriate for post-hospitalization or recovery
- Wheelchairs and any other DME devices may be accepted under the following conditions:
  - Ability to use DME device safely and properly (I.E> transfers from toilet to wheelchair)
  - Ability to use DME without any assistance (no caregiver assistance required)
  - Ambulation distance of at least 75 feet must be reached before the hospital or facility discharge (with or without DME)
- Able to self-administer medication with minimal staff oversight
- Continent of both bladder and bowels (if briefs or diapers are used, the patient must be able to change and maintain hygiene with this product completely and independently)
- Medically and psychiatrically stable at discharge
- Alert and oriented (Name, place, date, and situation)
- Not a danger to self or others
- If specialized care or equipment is required, please disclose and discuss this with a recuperative care staff before referral (CPAP, a special bed, specific wound care requirements, detoxing, etc.)

Please review this list with your treatment team and patient before completing your referral.

### Who Is Not Eligible? Exclusion Criteria

- Unable to complete ADLs, personal care, and medication administration
- Incontinent of the bladder and/or bowel
- Quadriplegics
- Cognitively-impaired
- Active tuberculosis/C-DIFF/MRSA of Sputum (possibility of a wound)
- Patient has a highly-contagious condition
- Stage three decubitus ulcers and cardiac illness
- Active substance abuse and not willing to abstain while in the program
- Medical and psychiatric instability
- Combative or aggressive behavior towards staff or other patients.
- Patients actively detoxing (i.e., Alcohol, Benzos) will need to stabilize before being referred



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### Referral Process:

A one-page referral form is faxed/e-mailed with supporting documents (face sheet, H&P, Surgical/PT/Psych notes, etc.) to the case manager. Call the case manager for confirmation of receipt. As swiftly as possible, the package will be reviewed, and the case manager will, then, determine its approval or denial into the program. If denied, a reason statement will be released. If approved, the case manager will coordinate the patient's admission to the Recuperative Care program.

The referring hospital/facility is responsible for client transportation to **Golden State Recuperative Care** location. **Golden State Recuperative Care** can provide transportation if needed. Just let us know, and we will arrange for it.